

MĀTĀTAKI KŌHUKA (GLUCOSE CHALLENGE TEST)

1. He whakamātau tātari noa tēnei whakamātau kia kite i te mate huka i te wahine hapū, ā, i whakahaerehia i te 28 wiki pea o te hapūtanga.
2. Kāore koe e mate ki te whakarite wā hui.
3. E puta ai ngā hua pono rawa, me whakahaere i te whakamātau i te ata, i mua i te pouputanga o te rā.
4. He pai ake mēnā kua kai koe i mua i te whakamātau.
5. Ā tō taenga mai, mā mātou e hoatu he inu kei roto ko te 50g kōhuka.
6. Me noho i te rūma kōhi e whakatā ana mō te haora kotahi.
7. Me mau mai pea he pukapuka hei pānuitanga māu. Kāore e whakaaetia te kai hikareti kei rawekehia te hua whakamātau.

Kāore e whakaaetia he kai, he inu rānei (i tua atu i te wai māori) i roto i taua kotahi haora.

For all enquires please contact WELLINGTON SCL on 04 381 5900

Patient information - Instructions for Glucose Challenge – Maori